# **UNEX Improving Reading Practice**



**Title: Tracking Trick** 

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#### Title:

**Keywords:** to be used after in search function on the website **#fast reading, # trackingtrick ....** 

**Duration:** 30 minutes / teachers set the time

The method can be used with variety of reading texts, by different teachers, duration is dependent on the length of text to be read.

## **Description:**

The students are instructed to use a pen (with its cap still on), a bookmark, or their finger and underline or 'track' each line as they read, trying to train their eyes to follow the pointer. The method wll help students reduce the need to skip back and re-read sentences cutting down on regression. They will probably find that they retain very little information at first, but, as they train their brain and become more comfortable with the technique, their comprehension should improve.

# **Objectives:**

Please list the objectives you want to achieve (short and long term)

- 1. to make students realize they can read faster
- 2. to help students read faster
- 3. to encourage them to work on their reading pace on their own

# Activity(ies) (Stages):

Presentation of the method:

Students work in pairs (A and B), standing or sitting opposite each other.

Student A is asked to 'draw" a circle in the air with their eyes.

Student B observes A's eye movement and then draws a circle in the air with a finger and asks Student A to follow the finger with their eyes. Student B observes Student A's eye movement.

Students A and B change the roles and do the task again. Then they compare their observations concerning eye movement in both situations.

They will notice that their eye movement is more fluent when their eyes follow the finger.

Applying the method

Student A/ Student B both are given short texts to read in their usual manner and check how long it took them to read it; then they prepare 2 comprehension questions to check understanding of the text.



/ you might want all Students As and all Students Bs to work together and ask and answer the questions- As and Bs separately/

Students A and B exchange their texts and read them using "the tracking trick" and check how much time it took them to read the text using a pointer.

Students A/B compare their timing results (in both situations) and check their comprehension by answering comprehension questions prepared in the first stage of the task.

Students are encouraged to comment on their results and each time they read in class they are encouraged to use a pointer.

## Tips for trainers

Make sure the texts are not very long and of similar level of dificulty.

Using a timer might help

## List of resources, materials etc.

2 short texts one for Student A, one for Student B

Timer

Evaluation/Feedback			
Have the students noticed they read faster with a pointer?	Yes	No	
Have they been motivated to try the technique?	Yes	No	
Have you noticed they have been using the technique since it	Yes	No	
was introduced to them?			